

LIVING AMIDST COVID19

It's so hard to believe that we are almost into one year of COVID19. This pandemic has changed our lives physically, emotionally and spiritually. When we take time to reflect on what this time has meant for us, nothing is the same. Maybe now is the time to reflect on what COVID means for you, the negative and positive factors. Hopefully, those factors have changed your life in some way or another. I hear people telling me day after day COVID has heightened their grief, has made everything in their life so painful and lonely. Yes, that is correct but in that time of loneliness what do you do? Watch TV, sleep or do nothing? This might be a good question to ask yourself as we continue to live through COVID. There are many people who have not been able to find what it is they are being called to do during this time. Stop, reflect and ask God. Has your spirituality remained the same or have you found that you have been able to deepen your relationship with God? If so, how? I think God has a message in this for all of us. Opening our hearts and hearing it and accepting it is not always easy. Maybe, starting now this is God's request of us during Lent. What am I going to do to make my life, my heart different? Am I open to embark on this journey or am I fearful of what the call may be. Don't be fearful God loves you no matter what and walks with you on the journey. Yes, the road may be bumpy but in the end there will be a bright light shining.

So, as we move into each new day, be aware of the dawn that is rising and let it fill your heart with peace, joy, hope and love. We are being sent many gifts from God. What is yours?

Sister Pat Fesler, HM

February 8, 2021

